

WESTERN CANADA SPRING/SUMMER 2016 MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	May-16, Jun-6, Jun-27, Jul-18, Aug-8, Aug-29, Sep-19, Oct-10	May-17, Jun-7, Jun-28, Jul-19, Aug-9, Aug-30, Sep-20, Oct-11	May-18, Jun-8, Jun-29, Jul-20, Aug-10, Aug-31, Sep-21, Oct-12	May-19, Jun-9, Jun-30, Jul-21, Aug-11, Sep-1, Sep-22, Oct-13	May-20, Jun-10, Jul-1, Jul-22, Aug-12, Sep-2, Sep-23, Oct-14	May-21, Jun-11, Jul-2, Jul-23, Aug-13, Sep-3, Sep-24, Oct-15	May-22, Jun-12, Jul-3, Jul-24, Aug-14, Sep-4, Sep-25, Oct-16
BREAKFAST	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Sausage Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Bacon Fruit/Yogurt
	LUNCH	Beef Barley Soup Cold Meat Plate Pasta Salad Diced Peaches OR Assorted Sandwiches	Cream of Tomato Soup Breakfast Sausage French Toast Maple Syrup Pudding/Whipped Topping OR Assorted Sandwiches	Chicken Noodle Soup Sloppy Joe Green Peas Blueberries & Cream OR Assorted Sandwiches	Cream of Mushroom Soup Chicken Salad on Ciabatta Ruin Greek Salad Diced Pears OR Assorted Sandwiches	Scotch Broth Soup Tuna Salad Sandwich Carrot Raisin Salad Fruit Cocktail OR Assorted Sandwiches	Cream of Vegetable Chowder Chili Con Carne Corn Muffin Mixed Green Salad Pineapple Coconut Whip OR Assorted Sandwiches
PM	Pineapple Cookie Beverage as Requested	Zucchini Loaf Beverage as Requested	Baked Assortment Beverage as Requested	Chocolate Chip Cookie Beverage as Requested	Orange Spice Bar Beverage as Requested	Turnover Cookies Beverage as Requested	Baked Assortment Beverage as Requested
DINNER	Sweet & Sour Pork Browned Rice Brussel Sprouts Apple Crisp OR Baked Fish	Salisbury Steak & Gravy Parsley Boiled Potatoes Kernel Corn Ice Cream OR Turkey Pot Pie	Lemon Glazed Pork Chops Roasted Potatoes Garden Blend Vegetables Butter Tart OR Meatloaf with BBQ Sauce	Homemade Shepherds Pie Wax Beans & Red Pepper Jell-O/Whipped Topping OR Battered Cod/Tartar Sauce	Stuffed Salmon Boats Steamed Rice Oriental Mixed Vegetables Ice Cream OR Pork & Cheese Meatballs in Spanish Sauce	Citrus Glazed Chicken Parsley Potatoes Sunrise Vegetable Mix Carrot Cake OR Veal Cutlet	Oven Roasted Turkey with Dressing/Cranberry Sauce Mashed Potatoes Green Beans Boston Cream Pie OR Sliced Ham
	HS	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

